

දුරකථන) 0112669192 , 0112675011
தொலைபேசி) 0112698507 , 0112694033
Telephone) 0112675449 , 0112675280
ෆැක්ස්) 0112693866
பேக்ஸ்) 0112693869
Fax) 0112692913
විද්‍යුත් තැපෑල) postmaster@health.gov.lk
மின்னஞ்சல் முகவரி)
e-mail)
වෙබ් අඩවිය) www.health.gov.lk
இணையதளம்)
Website)



සුවසිරිපාය
சுவசிரிபாய
SUWASIRIPAYA

සෞඛ්‍ය අමාත්‍යාංශය
சுகாதார அமைச்சு
MINISTRY OF HEALTH

මගේ අංකය)
எனது இல) DQ/06/2020
My No.)
ඔබේ අංකය)
உமது இல)
Your No. :)
දිනය)
திகதி) 2020.12.09
Date)

All Deputy Director Generals
Director, Quarantine
Chief Epidemiologist
Provincial Directors of Health Services
Regional Directors of Health Services
Directors/ Medical Superintendents of all Hospitals
Heads of quarantine /isolation / intermediate care centres
Regional Epidemiologists
Medical Officers of Health

**Quarantine measures during and after mandatory/extended quarantine period
or after discharge from isolation/intermediate care centres/hospitals during
the pandemic of COVID-19**

As per the current guidelines of Sri Lanka, all passengers arrived from overseas are mandatorily quarantined at institutions for 14 days. These passengers undergo COVID-19 detection testing on Day 1 of arrival and Day 10th -12th of arrival to Sri Lanka. When discharging the persons from quarantine institutions (centre/hotel), they have stayed a minimum of 14 days in those places. Close contacts of the positive persons detected from Sri Lanka are mandatorily home/institutional quarantined for 14 days. COVID-19 detection testing is done between 11th to 14th day of quarantine period for these contacts. Quarantine period is extended if any positive person is detected among the persons undergoing quarantine.

COVID-19 confirmed patients are managed at isolation centres/intermediate care centres and hospitals. In addition, some individuals, despite being noninfectious, continue to test positive for COVID-19 by PCR and takes time to develop antibodies.

Considering the current updated scientific knowledge on infectivity of SARS CoV -2, following should be adopted when quarantine or discharge of persons after mandatory/extended quarantine period or from isolation/intermediate care centres/hospitals.

A. Close contacts of COVID -19 positive persons detected from Sri Lanka should be allowed to quarantine in a hotel or any other institution approved by area Medical Officer of Health and National Operations Center for Control of COVID-19 in addition to currently practiced home quarantine or centre based quarantine during the mandatory/extended quarantine period.

In charge person of the premises should inform the local authority about quarantining to arrange garbage collection.

B. Quarantine criteria after mandatory/extended quarantine period or discharge from isolation/intermediate care centres/hospitals

	Category	Home quarantine after mandatory/ extended quarantine period/discharge from isolation centres/intermediate care centres/ hospitals
1.	<u>Overseas returnees</u> when discharged after mandatory/ extended quarantine period from Quarantine Hotels/Centers	Should undergo home quarantine for 14 days once discharged from mandatory quarantine period
2.	<u>Close contacts</u> of positive persons detected from Sri Lanka when discharged after mandatory/extended quarantine period from Quarantine Hotels/Centers	Should not undergo home quarantine for 14 days once discharged from mandatory/extended quarantine period
3.	<u>Close contacts</u> of positive persons detected from Sri Lanka when discharged from mandatory/ extended Home Quarantine period	Should not undergo home quarantine further once discharged from mandatory/extended home quarantine period
4.	<u>COVID-19 confirmed patients</u> who are managed at isolation centres/intermediate care centres/ hospitals, when discharged from these places	<ul style="list-style-type: none"> • Asymptomatic/mild/moderate disease patients should not undergo home quarantine once discharged. • Severe disease / immunocompromised patients should undergo home quarantine until 21days from the diagnosis. This period includes the period stayed at the hospital. The balance period to be home quarantined should be indicated in the diagnosis card at the time of discharge.

If home quarantine is indicated, **only the index person should be home quarantined** and follow strict home quarantine guidelines issued by the Ministry of Health. Other members of the household should not be home quarantined with the index person.



Dr Asela Gunawardane
Director General of Health Services

Dr. ASELA GUNAWARDENA
Director General of Health Services
Ministry of Health
"Suwasiripaya"
385, Rev. Baddegama Wimalawansa Thero Mawatha,
Colombo 10.

Copies:

- Secretary, Ministry of Health
- Additional Secretary (PHS)/(MS), Ministry of Health
- Head, National Operations Center for Control of COVID-19