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சுகாதார, போசணை மற்றும் சுதேச வைத்திய அமைச்சு
Ministry of Health, Nutrition & Indigenous Medicine

Provincial Director of Health Services- Southern Province

Regional Director- Galle/ Matara/ Hambanthota

Hospital Directors

Proposed measures to mitigate Influenza like illness at institutional level

As you all aware, increasing number of influenza like illness (ILI) patients have been reported from all the health institutions in Southern province during the months of April and May, 2018. All the health institutions are requested to follow the following key measures to mitigate the current situation.

- Establish a triage system at OPD to separate patients with ILI symptoms
- Establish isolation areas for admitted patients
- If MO/OPD is in doubt on admission criteria, need to get opinion of VP/OPD or relevant consultant or SR/ Registrar. For admission criteria- follow circular guidelines (02-78/2015 dated on 03.06.2015)
- Hand washing facilities should be available at the hospitals especially soap and water and all health workers should adhere to correct hand washing practices.
- Ensure display of hand washing and influenza posters at the wards and in public places in the hospitals/OPD
- Hospital cleaning should be maintained properly. Wet mopping should be done before visiting hours in addition to routine ward cleaning practices with appropriate disinfectants.

- Hospital authorities are advised to take measures to minimize the number of visitors especially children to wards during visiting hours
- Health staff involved in close association with patients with ILI and involved with patient procedures are advised to adhere appropriate personal protective measures
- Send appropriate samples from ILI patients after consultations with hospital Microbiologists/ Department of Virology/ MRI

For further details follow "Revised Summary Guidelines for Clinical Management and Laboratory Investigation of Patients with Seasonal Influenza Virus Infection" (General circular number- 02-78/2015 dated on 03.06.2015) (annexed)


Dr. Anil Jasinghe

Director General of Health Services

CC- Consultant Microbiologists/ Virologists
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